

## **Course Introduction**

Cannabis is the most widely used drug in the world.

This course aims to provide practitioners working with young people a deeper understanding of cannabis, giving you and your staff team the knowledge, tools and confidence to open up a conversation around cannabis use with your service users.

LANDED comes from a 'harm-reduction'; we don't condemn or condone anyone's substance use. We recognise that young people will engage in risky behaviours, and we aim to provide them with non-biased information to promote positive lifestyle choices.

## **Key Course Content**

What is cannabis?
Street names
Types of cannabis
Production of cannabis
Prevalence & availability
Medicinal Cannabis
Local Trends & Information
Cannabis Paraphernalia
Cannabis effects on the body & mind
The Law & Drug Testing
Harm Reduction
Addiction & Support

IN-PERSON DURATION = 6 HOURS ONLINE DURATION = 4 HOURS

