

LANDED

ALCOHOL AWARENESS TRAINING COURSE



Course Introduction

Scotland has a 'unique' relationship with Alcohol – Let's talk about that.

The aim of this course is to provide practitioners working with young people a deeper understanding of alcohol and related harms. LANDED want you and your staff team to gain the knowledge, skills, and confidence to begin a conversation about alcohol use with your service users.

LANDED comes from a 'harm-reduction'; we don't condemn or condone anyone's substance use. We recognise that young people will engage in risky behaviours, and we aim to provide them with non-biased information to promote positive lifestyle choices.

Key Course Content

- History of Alcohol
- Alcohol Legislation in Scotland
- Scotland's Relationship with Alcohol
- Alcohol Knowledge
- Alcohol Units
- Alcohol and young people
- Harm Reduction



IN-PERSON DURATION = 6 HOURS
ONLINE DURATION = 4 HOURS